

"YET EVEN NOW, SAYS THE LORD,
RETURN TO ME WITH ALL YOUR HEART."

JOEL 2:12

This passage used during Lent seems particularly appropriate this year, since Ash Wednesday falls on February 14, Valentine's Day! Just as we turn our hearts on that day to those we love and care about, God invites us to return to the love that comes to us in Jesus Christ.

There are two opportunities to worship on Ash Wednesday: 11 a.m. and 7 p.m. Both services will have Holy Communion and the opportunity to receive ashes. The ashen cross on our foreheads reminds us of our mortality, but also of the hope of new life in Christ. Following 11 a.m. worship, there will be lunch served in Fellowship Hall; prior to 7 p.m. worship, there will be a pancake supper. (*See article page 4.*)

Nursery care will be available at 7 p.m. worship.

On the following Wednesdays during Lent (February 21–March 21), everyone is invited to gather for a simple meal at 6 p.m., followed at 7 p.m. by the beautiful service of Holden Evening Prayer in Christ Chapel. This midweek meal and worship are a wonderful time to reset your mind and heart.

Throughout Lent we will hear scriptures that remind us again of God's love, blessing, and our call to transformation in Christ. May our hearts be open to all of God's promises during this season!

Pastor Ann

Ash Wednesday

February 14

- 11 a.m. **Worship/Communion**
- Sanctuary
- Noon Monthly Luncheon
- Fellowship Hall
- 5:30 p.m. Ash Wednesday Pancake Supper
- Fellowship Hall
- 7 p.m. **Worship/Communion**
- Sanctuary

good news!

5000 E. Alameda Ave.
Denver, CO 80246

Augustana
LUTHERAN CHURCH

PHONE: 303-388-4678
FAX: 303-388-1338

WEB: www.augustanadenver.org
Email: info@augustanadenver.org

DIAL-A-CARE: 303-996-2733
FACEBOOK: augustanadenver.com

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Thursday, February 1, 4:30 p.m. is the deadline for the March edition. Email **Lyn Goodrum** (goodrum@augustanadenver.org).

Sunday Schedule

- 8 a.m. and 10:30 a.m. Worship
- 9:15 a.m. Faith Formation (September–May)

Chapel Prayer

- Monday, 10 a.m., Christ Chapel

Mission Statement

Guided by the Holy Spirit, we gather in Christian community, reach out and invite, offer hope and healing in Jesus Christ, and walk humbly with God.

Congregation Council

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Vice President: Paul Edstrom
Secretary: Katrina Tamminga Crook
Treasurer: Michael Graham
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Simon Bernhard | Paul Blanchard
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Cantabile Director
Asmir Hodzic,
Building and Grounds Manager
Melinda Gomez and **Andrija
Malbasa**, Custodians
Kim Kouba, Wedding Coordinator
Christie Baroody, Director, Augustana
Early Learning Center

Recently lifted up in prayer . . .

For hope and healing:

- Palmer Attleson,
Whit Behrens, Paul
Blanchard, Todd
Engdahl, Lillian
Epperson, Tanya
Gabrielian, Dorothy
Haner, Jessica Heath,
Cindy Maxwell

For comfort and courage:

- Family and friends of
Louverta Brunkow in
her death
- Arvetta Hjelmstad in
the death of her sister,
Linnie Jenkins
- Family and friends of
Deputy Zack Parrish in
his death
- Sonja Engebretson,
Ruth Connors, and
Sandy Simpson in the
death of their friend,
Ro Berta Trautman
- Andrea Winters
in the death of her
grandfather, Robert
Vinson

Rejoice with . . .

- Anja Sofia Bornhijm,
daughter of Robert and
Sonja Bornhijm, in her
baptism

Thank you for the gifts!

Health Ministry

- In memory of Margaret
Peterson

Special Gifts

- In memory of Helen
Pfnister, Eldon
Hemmingsen

Thanks, Augustana!

Thank you to Phoebe
Circle for the Christmas
goody stocking delivered
by Carol Parker. We had a
nice chat. It is really nice
of you to think of me.

God bless,
Chickie Bakkemo

Thank you, Augustana,
for the Christmas goodies
delivered to me by
Marianne Woodward. Her
visit brightened my day!

Lovingly,
Peggy Ribbing

Stewardship

Text to Give

Augustana now offers the opportunity to give by text, using a credit or debit card. The process is very easy: Send the amount you want to give in a text message to 303-653-9592. You'll be directed to enter your payment information, and then you will receive a confirmation text of your donation. If you give again using a text, you will not need to enter your card information, just the amount of your gift.

If you want to give to something other than the Operating Fund, text "Fund" to see other options for giving. Then text an amount and the Fund you want your donation to go to, for example "25 ELCA WORLD HUNGER."

All transactions by text are managed by Vanco, who already administers our electronic giving program.

Pastors

Five Years, Groundhogs and Jesus

February 2 is Groundhog Day and, only slightly less well known, the festival of Presentation of Our Lord. The Bible story in Luke 2 sees the Holy Family showing up at the temple in Jerusalem. The elderly Simeon and the prophet Anna are both awaiting the promised



Messiah. The weirdness of this scene is marvelous. Simeon scoops up the baby Jesus and dances around. Eighty-four year old Anna praises God and talks to anyone who will listen. It's an impromptu religious celebration of what God is doing right in their midst. It also happens to be the reading from my ordination here

at Augustana, five years ago exactly on the festival day of Presentation of Our Lord.

After five years, I truly love Jesus, the people, and the work. There's work I've done well and there are situations I wish I'd handled so much better. Reflecting on these experiences will be part of my sabbatical, May 7–August 7, along with some coursework, reading, and rest. I'm grateful that my call with Augustana includes a sabbatical after five years.

At the time of this writing, I just finished the rite of individual confession with someone — hearing their confession and announcing to them the forgiveness of all their sins in the name of the Father, and the Son, and the Holy Spirit. The power of that moment is still in the air of my office. There is nothing like being present when a soul is broken open by forgiveness. People are in pain, my friends, deep in their being. There are so few places to be held in grace and held accountable. The church is one of them, however imperfectly we live this out. Superstar Jennifer Hudson said awhile back, “Stop singing a perfect song and tell an imperfect story.” Well, good people of Augustana, here we are together telling our imperfect stories in the light of God's amazing grace. I'm grateful to be on the journey with you.

Peace,

Pastor Caitlin Trussell



There's nothing like a good word

I told a friend about Pastor Caitlin's challenge for this church new year starting at Advent.

“I chose ‘Strength’ for my word.”

“Strength?” she said. “Why? You're the strongest person I know.” Boy, do I have her fooled!

The past 18 months have been super tough — I feel as though I've had more than my share of challenges. 2016 – 2017 brought both expected and unexpected death in our family, on-going physical and mental health issues, and hospitalizations along with the stresses of day to day life. Don't get me wrong — we've had some joyous times too. But I'm sure you know that joy is often overshadowed by grief and worry.

People say “When you are at the end of your rope, tie another knot and hang on.” I really dislike this saying. I have no more rope. There is no more room to tie another knot. I may be completely depleted, but if I let go of the rope, I will fall (or fail?).

So I turn to prayer. I pray for strength. Daily, I pray for strength. God becomes my rope and he doesn't let go. I remind myself that God is with me.

Throughout this past month of Advent, I was very deliberate in finding Bible verses that became part of my daily prayer for strength. I expect to find different verses throughout the course of the year as the differences become more apparent and more applicable to the day.

For today, Isaiah 41:10 is my favorite. I envision God's right hand on top of mine as we hold on to the rope together.

So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.

Kirsten Lamphere

ASH WEDNESDAY/LENT



Pancake Supper to benefit Metro Caring



Come to the 10th annual pancake supper Ash Wednesday, February 14, 5:30 to 7 p.m. in Fellowship Hall, featuring hot pancakes, syrup, sizzling sausage and orange juice, coffee or tea. Cost is \$5 per

adult; \$3 per child; or \$20 per family, payable at the door. Net proceeds will go to Metro Caring, a Denver agency which assists needy families with food and counseling. **Ryan Eaton**, Manager of Faith Community Engagement, will share information about Metro Caring. Augustana's group of Thrivent Financial will serve the supper, featuring renowned pancake flipper Greg Bickle! A Thrivent Action Team request will provide \$250. Reservations are recommended; sign on the page below and return to Augustana's office, or call 303-388-4678.

Yes, I/we will attend the Ash Wednesday Pancake Supper!

Name _____

Phone or email _____

Number of adults @ \$5 _____

Number of children @ \$3 _____

or

Number in family @ \$20 per family _____

Support the Lenten food drive

Augustana continues its tradition of helping stock the shelves of Metro Caring with a special food drive during Lent. Although Augustana's people generously donate food items for Metro Caring throughout the year, special emphasis on caring for our community's hungry is encouraged during Lent — almsgiving for the poor being one of the three classic disciplines in this season.

About Metro Caring

Metro Caring's diverse approach to fighting hunger includes a fully stocked fresh-foods shopping market, healthy living and nutrition education, and tools and resources for self-sufficiency. Metro Caring is passionate about providing nutritious food to those who face economic hardships and helping them become self-reliant.

How to help those in need

Please take the following list with you to the grocery store. Bring your food donations to the Metro Caring boxes located at the Fairfax entrance to Fellowship Hall below the sanctuary between Ash Wednesday, February 14 and Easter, April 1. Thank you!

Suggested Shopping List:

Look for "100% whole grain," "unsweetened," "no sodium/salt added," or "low sodium" on labels.

- Shelf-stable milk/milk substitutes
- Canned beans
- Peanut butter
- Canned vegetables (with no or low sodium)
- Low-sodium canned soups
- Brown rice
- Nuts (unsalted)
- Whole-grain pasta
- Low-sodium canned stews
- Whole-grain, low-sugar cold cereals
- Canned tomatoes
- Dried fruits (no sugar added)
- Cans of corn
- Canned tuna
- Dry beans
- Rolled oats
- Canned fruit (in juice, not in light or heavy syrup)
- Canned chicken
- Quinoa
- Seeds (unsalted)
- Low-sodium pasta sauce
- Popcorn kernels (not microwave popcorn)
- Unsweetened apple sauce
- Olive or canola oil
- Honey
- Chicken/beef/vegetable broths and stock

Lenten Coloring Books available!

Lenten coloring and devotion books will be available for you again this Lent! Take one home for you, a friend, and a family member. They will be ready to pick up by Sunday, February 11.



Senior Ministry



Everyone welcome at Monthly Luncheon on Ash Wednesday!

February's monthly luncheon will follow 11 a.m. Ash Wednesday worship on February 14. Visitors are welcome to the service and the luncheon, but chef Judy Nyquist needs to know how many are coming to lunch. Please make your reservation with Augustana's office (303-388-4678) by Monday, February 12. The cost is \$8 per person. You are encouraged to bring a neighbor or friend to join you for the service and to enjoy fellowship over a delicious lunch.

Future Senior Outing

Watch for information in the *Tower* and weekly bulletins regarding a senior outing to see the Dead Sea Scrolls at the Denver Museum of Nature & Science in the spring.

Health Ministry



Heart Health Topic: atrial fibrillation

Atrial fibrillation is the most common type of serious arrhythmia. A few causes include increasing age, previous heart disease, and uncontrolled high blood pressure. Complications of atrial fibrillation include heart failure and stroke. In fact, atrial fibrillation increases the risk of stroke five times (European Heart Journal). And stroke is the leading cause of death in the United States (American Heart Association).

Learn more about atrial fibrillation on Health Ministry Sunday

Come to Coffee Hour, 9:15–10:15 a.m., Sunday, February 4 in Fellowship Hall to learn more about atrial fibrillation, and have your blood pressure taken.

Colorado Lutheran Lobby Day, Thursday, February 15

Join advocates and community leaders for a morning of learning and action! Discover the history of advocacy in the Lutheran tradition, get the latest updates on our work at the state capitol, and be at the forefront of building relationships with your elected officials. Lobbying 101 training will be offered, and a hot breakfast will be served. Registration fee scholarships are available.

Register online at www.lam-co.org.

Faith Formation

Adult Forum/Families Inspired Together (FIT)

Sundays, 9:15 a.m., Anna Paulson Room

World Faith Series

Speakers from various religious traditions present information with the goal of increasing our understanding of world faiths. Look for these speakers on the calendar throughout the class year as we put our best hosting-foot forward to welcome them.

February 4: World Faith Series — The Church of Jesus Christ of Latter-Day Saints (Mormon), the fourth largest religious group in the United States, has 12 million followers worldwide.

Rachel and Albert Eng present Latter Day Saints 101: An overview of traditions and beliefs including an opportunity for questions and answers. Albert is an orthodontist and Rachel and her family run a non-profit called True Africa which serves orphans in Uganda.

February 11: World Faith Series — Sikhism, the world's fifth largest religion.

VP Singh is a Sikh follower and a software engineer. He'll present an introduction to Sikhism and a time for questions and answers about this 500-year-old religion with a following of over 20 million people worldwide.

February 18: Lenten Reflections on the Passion and cross from the Gospel of Mark led by Pastor Caitlin

February 25, March 4, 11, 18: "Holding Up Your Corner: A Guided Conversation About Race." Facilitated by Pastor Ann and Augustana member Aleisha Maunu. In the past year, our country has faced difficult situations where our beliefs about injustice, privilege, and how we view race have been challenged. Join this local conversation to share with others, learn more about yourself, and discover ways people of faith can impact situations. Part of our material will come from video segments featuring F. Willis Johnson, pastor from Ferguson, Missouri. Please plan to attend all four Sundays to gain the most from the classes.

New voice on Dial-a-Care

Augustana welcomes **Roberta Matheson** to Dial-a-Care (303-996-2733)! Listen for Roberta's message on Thursdays.

Roberta worships at Saron Lutheran Church in Strasburg, less than a block away from her home. Her inspiration comes from reading God's word, Richard Foster, Dietrich Bonhoeffer, and James Herriot; she loves nature, poetry and her pets, and she can hardly wait to create a new yard and garden in the spring. One of her great passions is small group, and she has hosted a weekly Bible study for the past four years. Some of these women she has known and loved for over 20 years! She's written off and on over the years and is looking forward to sharing her writing with you.

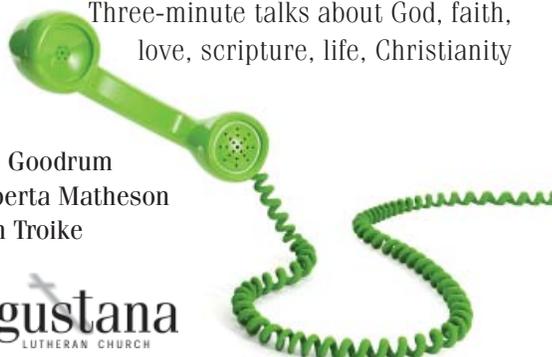
Dial-a-Care

303-996-2733

Three-minute talks about God, faith, love, scripture, life, Christianity

- Lyn Goodrum
- Roberta Matheson
- Don Troike

Augustana
LUTHERAN CHURCH



Local and Global Involvement



ELCA World Hunger
Evangelical Lutheran Church in America
God's work. Our hands.



Fulfilling our mission

Amira was pregnant with twins when she fled her home in Syria with her other children and two female relatives. Her husband was already in Germany, and Amira made the dangerous trek from her war-torn country to Europe, hoping to join him. The family made it as far as Serbia when Amira went into premature labor and had to be hospitalized.

Like many Syrian refugees, Amira and her family were under pressure to continue their journey. But since the “Balkan route” through Hungary closed in March 2016, many asylum seekers and refugees have been forced to remain in Serbia far longer than they had planned. The increase in refugees in Serbia has created a crisis, both for families like Amira’s seeking a better life and for the Serbian communities welcoming the massive influx of international migrants.

The stress of her journey weighed heavily on Amira, who could barely eat or sleep and, as a result, was having difficulty breastfeeding her newborn twins. The Asylum Protection Center (APC), an organization accompanying both refugees and residents of Serbia, provided psychological care for Amira, helping her manage her stress and make healthy decisions for her

newborns. APC is supported in part by your gifts to ELCA World Hunger.

In addition to psychosocial support, APC provides humanitarian aid and legal support — to both asylum seekers in need of protection and their hosts who are adjusting to an unprecedented number of new people within their communities.

The accompaniment of both migrants and hosts is part of the calling of the church, according to the Rev. Cindy Halmarson, the ELCA’s area director for the Middle East, Europe and North Africa. “We are an immigrant church,” she says. “If we can accompany our partners as they discover the ways to offer hospitality in their own places, we’re fulfilling our mission.”

To give a gift to ELCA World Hunger, use the special offering envelopes in pew pockets and make checks payable to Augustana Lutheran Church. Or, donate online at www.augustanadenver.org; click on “Giving.”



The 4th Annual Farm Report

Augustana, your generosity and compassion for the world’s hungry is incredible! After such a successful “On the Move for Hunger” campaign this summer, you showed your desire to continue to help the hungry of this world by contributing \$8,580 toward the “purchase” of 12 farms during the Advent season. In addition, by sending the funds early for the first seven farms to ELCA World Hunger, we were able to leverage our gift into an additional seven farms through matching funds by ELCA Good Gifts! On behalf of those benefiting from your generosity and caring, your Global Mission Team thanks you.

Music Ministry

Luther College Nordic Choir to perform at Augustana

Luther College Nordic Choir, one of the top college choirs in the nation, will perform at 7:30 p.m., Monday, February 5, at Augustana Lutheran Church.

The performance by the 73-member Nordic Choir is open to the public. Tickets are \$20 for adults, \$15 for ages 65 and up, and \$5 for students. Reserve tickets via telephone at (800) 4-LUTHER or online at www.tickets.luther.edu. Remaining tickets will be available at the door.

Two local vocalists are members of the Nordic Choir: Demetria Armatas, class of 2019, alto; and Jacob Bunge, class of 2018, tenor.

The concert is part of Nordic Choir's 2018 tour of the Midwest and Colorado. The choir tours annually and has performed around the world, appearing in Norway,



England, Ireland, Germany, Russia, Poland, Hungary, Romania, the Baltic countries, Mexico and the Caribbean. Nordic Choir has also appeared throughout the United States, performing in such well-known concert halls as Lincoln Center in New York and the Kennedy Center in Washington, D.C. Most recently, the choir traveled to Italy and performed in Rome, Florence and Venice.

Nordic Choir, founded in 1946, enjoys national and international acclaim as a premier collegiate choral ensemble in the United States. This tour marks the first year of the Nordic Choir under the baton of Dr. Andrew Last, Luther alumnus of 1997. Last was preceded by the

leadership of Allen Hightower, Craig Arnold and the 57-year tenure of Weston Noble.

Augustana youth participate in Choristers Guild Festival

Children and youth involved in Choristers and Cantabile will be participating in the 66th Annual Choristers Guild Festival, Friday, February 23 and Saturday, February 24. Choristers Guild is a National Christian organization that enables church leaders to nurture the spiritual and musical growth of their children and youth. Augustana has been a member of Choristers Guild for many years, benefiting greatly from workshops, resources, and music publications. The Choristers Guild Festival gives singers the opportunity to sing with children and youth choirs from other churches from across the region. The festival is a wonderful time of fellowship, music, and fun for our kids, and we look forward to participating every year. This year, the festival will be held at the historic St. Mary's Cathedral in Cheyenne, Wyoming. All singers in

Choristers and Cantabile will be traveling to Cheyenne on Friday evening to enjoy fun and fellowship (pizza and swimming!) with the other choirs. On Saturday, the kids will be in rehearsals to work on vocal and choral techniques, bond with other choir members, and rehearse their songs with our guest conductor. The culmination of the festival is a prayer service that will be presented in the late afternoon. Everyone is invited to attend this beautiful service focusing on Lenten themes.

If you have any questions regarding Choristers Guild and/or the Festival, please contact **Angela Howard** (anghoward@gmail.com) or **Cindy Lindeen-Martin** (lindeen-martin@augustanadenver.org).

Cindy Lindeen-Martin and Tim Libby perform in Denver

Augustana's organist, Cindy Lindeen-Martin, joined by trumpeter and Augustana member, Tim Libby, will participate in a recital sponsored by the Rocky Mountain Chapter of the American Guild of Organists. The recital will be at First Plymouth Congregational Church (3501 S. Colorado Blvd.), Saturday, February 10 at 7:30 p.m. and is entitled "Windows." Chapter members will perform works inspired by windows from around the world. Images of the windows will be included in the program book, and narration will be provided by James Hill. The concert is open to the public, and an offering will be taken to benefit the AGO's education and support of new organists.



Augustana Ringers participate in Southern Colorado Handbell Festival

Augustana will be well represented as Augustana Ringers participates in the Southern Colorado Handbell Festival on Saturday, February 17. This annual event in Colorado Springs is in its 34th year and features over 300 ringers. The all-day event begins by loading tables, pads, handbells, handchimes, music, stands, etc. into members' cars and vans and unloading them at the City Auditorium in Colorado Springs (221 E. Kiowa St. 80903). Under the direction of a nationally recognized clinician, our ringers will be exposed to new techniques and a fun time overall.

The day culminates in a mass ringing concert at 7:30 p.m. It is a non-ticketed event, and all are welcome to attend.

Congregation Council



Notice of Congregational Meeting, February 25

Augustana will hold a congregational meeting, Sunday, February 25, 11:45 a.m., in Fellowship Hall to receive year-end reports and recognize lay leaders who completed their elected terms. Prior to the meeting, a light lunch will be served. A free will offering will be taken to offset the cost.

2017 Annual Reports

Financial reports are due to Finance Administrator **Lisa Mikolajczak** (lisa@augustanadenver.org) by Wednesday, January 31.

Ministry reports are due Sunday, February 11 to Publications Administrator **Lyn Goodrum** (goodrum@augustanadenver.org).

Contact Lisa and Lyn for forms and information.

Completed reports will be available to the congregation on Sunday, February 18.

Home Communion, February 18!

Home Communion kits will be blessed at both worship services on February 18 and taken to our home-centered members by volunteers with a liturgy written for home use. Please pray for the communion visitors and receivers. Thank you to the people who are part of this vital ministry to the Augustana friends and members who cannot be at worship. Please call or e-mail Pastor Caitlin (pastor.caitlin.trussell@gmail.com or 303-388-4678) if you would like to receive home communion or if you would like to sign up as a communion visitor.

Children, Youth and Family Ministry



Sign up now for the March ski trip!

All 5th–12th graders are invited to go skiing, snowboarding, or just relaxing in the mountains, March 2–4. We will be heading to Copper Mountain for a weekend of fun and relaxation. Skiing experience and skill are not required because lessons are available. Please note that the cost to attend will vary based upon your rental and lift ticket needs. Minimum cost is \$50 with maximum cost of \$350. Please sign up with **Shanna** (shanna@augustanadenver.org or 303-388-4678 ext. 107) with a \$50 deposit by Thursday, February 1.

Souper Bowl of Caring

On Super Bowl Sunday, February 4, bring your donations, extra dollars, and change to support ELCA World Hunger. Youth will be collecting your donations after each worship service as you exit. You may also put

your donations (noted for ELCA World Hunger) in the offering plate.

Parents Night Out February Fundraisers

Augustana's youth are hosting two Parents Nights Out for you to enjoy some quiet time, Saturday, February 10 and 17. Please sign up children with **Shanna VanderWel** (vanderwel@augustanadenver.org) by February 7 for the February 10 event and February 14 for the February 17 event. Both evenings will run 5–10 p.m. with supper provided. Check-in will be in the Anna Paulson Room. Cost is \$25 per child with a family maximum of \$50.



First Communion dates

All people interested in First Communion instruction will meet Wednesday, March 7 and

14, 6 p.m., Rooms 1–3. Chalice decorating will occur Thursday, March 22, 5:30–7 p.m. at Ceramics in the City (5214 E. Colfax Ave., Denver, 80220). Participants will have first communion during 7 p.m. worship, Maundy Thursday, March 29.

Serve at Ronald McDonald House

Come and volunteer with Children, Youth, and Family Ministry as we provide a meal for the families at the Aurora Ronald McDonald House. We are serving dinner on Saturday, March 10. Volunteers need to be 13 or older, in good health, and willing to have a great time with the families. Anyone fitting those criteria is welcome!

Check out our SignUp at: <http://bit.ly/2DrHKIF>. Or, contact **Kari Kusek** (mohskari@gmail.com or 719-350-0024) to sign up.

Family Camp at Rainbow Trail Lutheran Camp

Augustana is going to camp! People of all ages are invited to an Augustana weekend at Rainbow Trail Lutheran Camp, April 13–15. Enjoy time for rest, renewal, fellowship, Bible study, worship and lots of fun! Additional registration information will be available soon. If you have any questions, please talk to **Shanna** (shanna@augustanadenver.org).

Sunday school and palm procession on Palm Sunday

On Sunday of the Passion/Palm Sunday, March 25, Sunday school classes will meet as a group class in Rooms 1–3 at 9:15 a.m. After class, children and youth will move to the west entrance of the sanctuary and process with palms at 10:30 a.m. worship. Following the procession, children will rejoin their parents for worship.



Valentine's Day College Care Boxes

Parents of college students will meet to pack Valentine's Day college care packages, Sunday, February 4, 9–10:15 a.m., Fellowship Hall. Please bring about 25 of whatever you choose — candy, microwave popcorn, packets of hot chocolate, granola bars, toys and trinkets — whatever you think a male or female college student would enjoy. If you can't attend on February 4, please leave your treats in Augustana's office, clearly labeled for the college students.

To update your child's current mailing address at school, contact Augustana's office (info@augustanadenver.org or 303-388-4678).

Other questions may be directed to coordinators **Joy Hawkins** (Joy.Hawkins@ucdenver.edu or 303-915-7645) or **Jan Brown** (JTBrown0407@gmail.com or 720-563-7589).



Love and Logic

Augustana's Children, Youth and Family Ministry along with Families Inspired Together (FIT) will host a Love and Logic class this spring. We will meet each Sunday, April 8–May 13, 9:15–10:15 a.m. Cost per family (couple or single) is \$25 payable to Augustana Lutheran Church. Sign up with **Ken Beazer** (kenbeazer@gmail.com) by Sunday, March 25.

About our teacher . . .

My name is **Laurie McPherson**, and I am a school counselor at an elementary school in Brighton, Colorado. This is my fourth year as a school counselor, but I have been working with children in a variety of settings (mostly education) for 15 years.

When I first began working as a school counselor, I immediately realized that I don't just work with children. I work with entire families and sometimes even communities. Families look to me for advice, education, and solutions. The parenting program, Love and Logic was my answer to this challenge. I am now a facilitator of the Parenting the Love and Logic Way curriculum, and would like to share what I have learned with you and your family.

Through a series of six, one-hour classes, you will learn how to avoid unwinnable arguments and power struggles, how to stay calm and empathetic in chaos, how to set limits and avoid enabling, how to guide your kids to own and solve their own problems responsibly, how to raise children who are family team members and not demanding dictators, and so much more. I will provide you with tools you need to help support your parenting tool belt, and you will hopefully laugh along while learning. I can't wait to meet you all, and help in any way that I can!

AUGUSTANA *Arts*

Tickets (\$10–\$25) to these events are available online at www.AugustanaArts.org, by phone at 303-388-4962, or at the door the night of the concert. Use code ALC50 for a 50 percent discount for Augustana Lutheran Church members — valid for advance, online reservations only.



“Dreams and Aspirations”

Stratus Chamber Orchestra

- Friday, February 2, 7:30 p.m., at First Plymouth Congregational Church (3501 S. Colorado Blvd.), immersive style seating
- Saturday, February 3, 7:30 p.m., at Augustana

How do you tell the story of a dream? With words? Images? Music?

Augustana Arts presents “Dreams and Aspirations,” performed by the Stratus Chamber Orchestra, David Rutherford, Music Director, and featuring guests from the Lighthouse Writers Workshop and Picture Me Here, a storytelling fellowship for refugees and immigrants who are new to Denver.

In this creative collaboration, we explore the theme of dreams through the interplay of words and



music, enhanced through images and photographs. A diverse group of Denver storytellers will share pieces written in response to great

works by Beethoven, Aaron Copland, and Charles Ives, visionary composers who dreamed big and changed music. Elsewhere in the program, the orchestra will perform two compositions selected in response to personal stories of aspiration, struggle, hope, and determination, presented by their authors.

Selections include Beethoven’s *Symphony No. 3* (first movement), Alexander Borodin’s *In the Steppes of Central Asia*, Charles Ives’ *The Gong on the Hook and Ladder*, and Aaron Copland’s *Letter from Home*. The storytellers include David Bond, Laura Bond, Jesica Carson Davis, Volodymyr Petruniv, Michael Sindler, Molina Speaks and Sheree Brown.

“Jazz it Up!”

Colorado Women’s and Men’s Chorales

Saturday, March 10, 7:30 p.m. at Augustana

Hitting the notes no one else will hit is the definition of jazz. CWC and CMC can’t wait to hit those notes, lay down some back beats, and flaunt their jazz arrangements.

Led by Jennifer Ferguson, Music Director and Conductor, CWC and CMC depart from their usual style of singing for a smokin’ concert with solo voices and small groups put together by the men and women of the choirs.

The Colorado Women's Chorale (CWC) was founded in 2003 to broaden the exposure of quality women's choral music in Colorado while providing choral opportunities for adult female musicians. The Colorado Men's Chorale made their debut performance with Augustana Arts in May 2016. CMC looks to create diverse, entertaining music and explore all types of choral genres, as well as focus on outreach in the Denver community.



Heart for the Arts Gala — A Night to Remember!

Imagine an evening of dazzling music, exceptional food, brilliant friendships, and more — all dedicated to a mission of illuminating the soul and connecting communities through the power of music. This is an evening to celebrate the enriching past of Augustana Arts and envision a future of exceptional music artistry, and we want you to be part of it! We cordially invite YOU to join us for our First Annual “Heart for the Arts” Gala on Friday, March 16, in Augustana’s Fellowship Hall.

This special fund-raising evening benefits all of the Augustana Arts programs including City Strings, Stratus Chamber Orchestra, and Colorado Women’s and Men’s Chorales.

In addition to appetizers, dinner, beverages, and desserts, the evening includes a silent and live auction, with all proceeds to benefit Augustana Arts ensembles and programs. Auction items, so far, include a six-day

African Safari, tickets to the Denver Museum of Nature & Science, the Denver Zoo, the Railroad Museum and more! We welcome any and all items to auction for the event. Please contact **Lynn Nestingen** (lynn@augustanaarts.org) if you have any services, weekend getaways, tickets, artwork, or other items to donate for the auction.

Entertainment highlights for the evening include the appearance of the Gossamer Winds, featuring Amanda Rusten on flute, Jaime Askvig on clarinet, Katie Smith on oboe, John Richardson on bassoon, and Kelli Hirsch on horn. Gossamer Winds was established in 2005, and their repertoire spans many genres including classical, Latin, standards and pop.

Finally, we are thrilled to announce the live performances of our very own resident ensembles at the event. The Stratus Chamber Orchestra will perform Mozart’s Symphony No. 12 in G, Colorado Women’s/ Men’s Chorales will perform Jazz It Up! selections, City Strings students will perform recital selections, and the combined orchestra and chorales will perform Suite Movements I, V, VII, XI from Vivaldi’s *Gloria*.

Cost for the evening is \$65 per person for advance reservations made by March 14 (\$62 without wine). Reserved tables for eight may be purchased for \$500. Visit www.AugustanaArts/Gala to reserve your place at this very special event.

This is a night to remember and one you won’t want to miss!

Enjoy the full-color version of this newsletter!

Sign up to receive *The Tower* by e-mail! It’s more colorful, faster, and saves Augustana in production costs! Send an e-mail request to **Lyn Goodrum** (goodrum@augustanadenver.org) or download it at www.augustanadenver.org.

Fellowship

February Book Group

In *Between Shades of Gray*, Ruta Sepetys writes of 15-year-old Lina, a Lithuanian girl living an ordinary life — until Soviet officers invade her home and tear her family apart. Separated from her father and forced onto a crowded train, Lina, her mother, and her young brother make their way to a Siberian work camp, where they are forced to fight for their lives. Lina finds solace in her art, documenting these events by drawing. Risking everything, she imbeds clues in her drawings of their location and secretly passes them along, hoping her drawings will make their way to her father's prison camp. But will strength, love, and hope be enough for Lina and her family to survive?

Share your thoughts about this book with us Monday, February 19, 11:15 a.m. in the Anna Paulson Room.

Women, Wine, and Word

Woman of all ages are invited to this monthly gathering for learning, laughter, and fun. This year we are continuing the series “Fierce,” which looks at different women from the Bible. You don't need to come to every session to participate, and friends are welcome. We will meet this month on Thursday, February 22 at 7 p.m. Contact **Pastor Ann** (ann@augustanadenver.org) for the location.



Warren Village speaker at Thrivent meeting

At the meeting of Augustana's Thrivent group, Sunday, February 18, **Sarah James**, Manager of Development, will share information about Warren Village. A light lunch will be served (\$5) at 11:30 a.m. in the Anna Paulson Room. Contact **Katherine Cruson** (303-696-7430) by Friday, February 16 for lunch reservations.

Theatre & Theology



Theater and Theology brings members of Rocky Mountain Synod congregations in and near Denver to productions of the Denver Center for the

Performing Arts. After viewing a play, we do a talk-back discussion with cast members on theological issues raised in the play. The plays and these discussions can challenge and stimulate our faith and, therefore, the mission of the Church, in a unique way. For more information, contact **Rosalee Wanchisen** (303-759-9836 or rwanchisen@gmail.com).

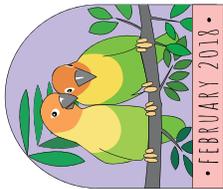
The Great Leap

Tuesday, March 6, 6:30 p.m., Ricketson Theatre, Tickets: \$35

Registration with check payable to Rocky Mountain Synod and footnoted “T&T Augustana: The Great Leap” must reach Augustana’s office by Tuesday, February 13.

When an American college basketball team travels to Beijing for an exhibition game in 1989, the drama on the court goes deeper than the strain between their countries. For two men with a past and one teen with a future, it's a chance to stake their moment in history and claim personal victories off the scoreboard. American coach Saul grapples with his relevance to the sport, Chinese coach Wen Chang must decide his role in his rapidly-changing country, and Chinese American player Manford seeks a lost connection. Tensions rise right up to the final buzzer as history collides with the action in the stadium. Yee's unexpected and touching story is inspired by events in her own father's life.

Playwright Lauren Yee's fearless, modern plays have been produced by over 15 theatre companies, developed at over 17 and lauded by many. Most recently, her play *King of the Yees* won the Women's Invitational at the Ashland New Play Festival and is being produced by four regional theatres this season alone.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday								
 <p>4 Epiphany 5 Health Ministry Sunday Souper Bowl of Caring Worship/Communion Learning/Fellowship 9:15am College Care Packages 10:30am Worship/Communion Prayer/Shawl Ministry Noon Grief Support Group Noon See JASS below</p>	<p>5 9:45am Augustana Firm Believers 10am Chapel Prayer 7pm Augustana Early Learning Center Board 7:30pm Concert: Luther College Nordic Choir</p>	<p>6 9am Library Committee 5:30pm Yoga 7pm Augustana Foundation Gift Committee</p>	<p>7 9:45am Augustana Firm Believers 6pm Augustana Ringers 7:30pm Chancel Choir</p>	<p>1 9:30am The Tower deadline 9:30am Augustana Early Learning Center Chapel 9:30am Thursday Morning Bible Study 9:30am Phoebe Circle 5:30pm Mindfulness Yoga</p>	<p>2 9:15am Silver Notes 9:45am Augustana Firm Believers</p>	<p>3 7:30pm Augustana Arts: Stratus Chamber Orchestra "Dreams and Aspirations"</p>								
<p>11 Transfiguration of Our Lord Worship/Communion Learning/Fellowship 9:15am Worship/Communion 10:30am Grief Support Group Noon See JASS below</p> <p>Annual Reports due!</p>	<p>12 9:45am Augustana Firm Believers 10am Chapel Prayer 1pm Mary Circle</p>	<p>13 9:30am Deborah Circle 1pm The Tower Assembly 5:30pm Yoga 6pm Children, Youth, and Family Ministry Committee 6pm Augustana Ringers 6:30pm Theater & Theology: <i>Mariachi</i> 7pm Augustana Foundation 7:30pm Chancel Choir</p>	<p>14 Ash Wednesday Valentine's Day Augustana Firm Believers 9:45am Worship/Communion Monthly Luncheon Noon Ash Wednesday Pancake Supper 7pm Worship/Communion</p>	<p>15 9:30am AELC Chapel 9:30am Thursday Morning Bible Study 5:30pm Mindfulness Yoga</p>	<p>16 9:15am Silver Notes 9:45am Augustana Firm Believers</p>	<p>17 8:45am "God's work. Our hands." ANSAR Pantry 5pm Parents Night Out</p> <p>Southern Colorado Handbell Festival, Colorado Springs</p>								
<p>18 Lent 1 Worship/Communion Learning/Fellowship 9:15am Worship/Communion Thrivent 11:30am Youth Mission Trip 11:45am Planning See JASS below</p>	<p>19 9:45am Augustana Firm Believers 10am Chapel Prayer 11:15am Book Group</p>	<p>20 5:30pm Yoga 7pm Congregation Council</p>	<p>21 9:45am Pray. Fast. Act. www.elca/pray/fastact Augustana Firm Believers 6pm Lent Supper 6pm Augustana Ringers 7pm Holden Evening Prayer 7:30pm Chancel Choir</p>	<p>22 9:30am AELC Chapel 9:30am Thursday Morning Bible Study 5:30pm Mindfulness Yoga 7pm Women, Wine and Word</p>	<p>23 9:15am Silver Notes 9:45am Augustana Firm Believers</p>	<p>24 Choristers Guild Festival, Cheyenne, WY</p>								
<p>25 Lent 2 Worship/Communion Learning/Fellowship 9:15am Worship/Communion 10:30am Congregation Meeting 11:30am See JASS below</p>	<p>26 8am Foot Care Clinic 9:45am Augustana Firm Believers 10am Chapel Prayer</p>	<p>27 12:30pm Senior Ministry Committee 5pm Augustana Arts Board 5:30pm Yoga 7pm Rachel Circle</p>	<p>28 9:45am Augustana Firm Believers 6pm Lent Supper 6pm Augustana Ringers 7pm Holden Evening Prayer 7:30pm Chancel Choir</p>	<p>29 9:15am Silver Notes 9:45am Augustana Firm Believers</p>	<p>30 9am Augustana Firm Believers 5pm Chancel Choir 5pm Parents Night Out Retreat:</p>	<table border="1"> <tr> <td>11:30am</td> <td>Lunch</td> </tr> <tr> <td>12:15pm</td> <td>Cherubs, Choristers, GraceNotes</td> </tr> <tr> <td>1pm</td> <td>Recorders, Cantabile, SONshine Ringers</td> </tr> <tr> <td>1:45pm</td> <td>BELlievers</td> </tr> </table>	11:30am	Lunch	12:15pm	Cherubs, Choristers, GraceNotes	1pm	Recorders, Cantabile, SONshine Ringers	1:45pm	BELlievers
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February BIRTHDAYS

- 1** Frederick Jacobs
Craig Tamminga
- 2** Gideon Earl
Micah Levy
Tanner Levy
Maya Stone
Ogden Willoughby
- 3** Linda Crow
Randa Degerness
- 4** Patsy Miller
Kira Morgenthaler
- 5** Eddie Kopperud
Julie MacDougall
Jerry Rehkow
Gwen Sterner
- 6** Herman Ezpeleta
Duane Gall
Anijong Mayek
Carla McConnell
Jenna Milliken

- 7** Marcel Batorowicz
Andrew Harwell
Michelle Jacobson
Malow Mayek
Gayla McBride
- 8** Jeremy Barrett
Todd Engdahl
Merlin Nimrod
Amy Tamminga
- 9** Grace Crook
Maxon Fisher
- 10**
- 11** Sid Altum
Kathleen Edstrom
Lorna Schillereff
- 12** Geneva Corace
Chris Petty
- 13**

- 14** Jayden Barrett
Bernie Smith
- 15** James Altum
Marianne Bovee
Jennifer Moore
Lise Uhrich
- 16** Gail Bartels
Kiere Gilbertson
Michael Kouba
Ater Mayek
Bronwen VanOrdstrand
- 17** Luke Hankins
Diane Van Horn
- 18** Sandy Barker
Alexandrea Cruz
Michael Miller
Betty Richards
Erica Schmitt
Zander Storie
- 19** Tiana Beazer
James Mattner
Dorothy Ziebarth
- 20** Michael Bonicelli
- 21** David Aarestad
Cole Hankins
Heather Nelson
Kristen Niemitalo
Megan Stone

- 22** Shaney Abbott
Sheryl Dirks
Harry Esbenshade
Rick Friesen
- 23** Laura Libby
Dianne Nelson
Erin Saboe
- 24** Kent Mueller
- 25** Maia Kauffman
Kay Madsen
Sigurd Nelson
- 26** Joseph Alexis
Donald Orendorff
- 27** Candace Jones
- 28** Marcia Stevens
Donald Thomson
- 29** Ryan VanderWel

*If your name should have
been on this list but wasn't,
please call Augustana's
office (303-388-4678).*