

Warm up your walking shoes!

“500 Years on the Move for Hunger” starts June 4!

On Sunday, June 4, plan to worship in walking shoes and comfortable clothes. Following 10:30 a.m. worship, we’ll be kicking off **“500 Years on the Move for Hunger”** by walking together south to Leetsdale, west to Vitamin Cottage and returning by way of Alameda.

Augustana’s Global Mission Team in partnership with its Health Ministry Committee are encouraging individuals and teams to “Move” physically by walking, biking, running or other forms of exercise, or to “Move” spiritually through commitments of time spent in intercessory prayer, meditation, or volunteer work (time will be converted to miles) in the 150 days from Pentecost on June 4 through Reformation Sunday on October 29. Participating individuals or teams will keep track of their “miles” and either donate or solicit monies, based on their miles, toward the ELCA World Hunger program.

In honor of the 500th anniversary of the Reformation and recognizing Martin Luther’s commitment to economic justice for all of God’s people, the Rocky Mountain Synod’s Hunger Network is encouraging all of our congregations to “Move for Hunger.” Let’s lace-up our shoes and move!

To help get you thinking about “Move for Hunger” . . .

May is National Physical Fitness and Sports Month

See Health Ministry, page 3



good news!

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Denver, CO 80246

Augustana

LUTHERAN CHURCH

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Thursday, May 11, 4:30 p.m. is the deadline for the June edition.
E-mail **Lyn Goodrum** (goodrum@augustanadenver.org).

Sunday Schedule

- 8 a.m. and 10:30 a.m. Worship
- 9:15 a.m. Sunday School (September–May)

Chapel Prayer

- Monday, 10 a.m., Christ Chapel

Mission Statement

Guided by the Holy Spirit, we gather in Christian community, reach out and invite, offer hope and healing in Jesus Christ, and walk humbly with God.

Congregation Council

President: David Aarestad
Vice President: Paul Edstrom
Secretary: Emmett Cruson
Treasurer: Ted Kouba
Paul Blanchard | Elsa Buhr (alt)
Katrina Crook | Krista Degerness
Michael Graham | Pr. Ann Hultquist
Kirsten Jensen | Greg Johnson
AJ Levy | Noah McCartney
Sharon Schillereff | Linda Tinderholt
Pr. Caitlin Trussell | Pam Uyemura

Staff

Ann Hultquist, Senior Pastor
Caitlin Trussell, Pastor
Lisa Mikolajczak,
Finance Administrator
Shanna VanderWel, Director of Youth and Family Ministry
Erin Brown, Children's Ministry Coordinator
Lyn Goodrum,
Publications Administrator
Julie MacDougall, Volunteer Ministry and Building Use
Cindy Lindeen-Martin,
Minister of Music and Organist
LeEtta Choi, Silver Notes Director
Dick Larson, Choral Director
Angela Howard, Choristers and Y Hope Director
Asmir Hodzic, Building and Grounds Manager
Andrija Malbasa, Dawit Haile,
Custodians
Kim Kouba, Cindy Maxwell,
Wedding Coordinators
Christie Baroody, Director, Augustana Early Learning Center

Rejoice . . .

- in the baptisms of Hayden Marjorie and her mother, Jenner Christine, with father and husband Dan Streed
- with parents Wil and Katie Crook and grandparents Craig and Amy Tamminga in the birth of Lillian Katrina Crook, March 25
- with parents Ted and Carrie Swenson in the birth of son Benjamin Theodore Swenson, March 22
- with parents Elizabeth and Todd Rowan in the birth of daughter Brenna Marie Rowan, March 28

Thank you for the gifts!

Augustana Foundation

- In memory of Don Carlstrom

Music Ministry

- In memory of Don Carlstrom, Larry Smeester

Silver Notes

- In memory of Carol Tamminga

Special Gifts

- In memory of Don Carlstrom, Carol Tamminga

Recently lifted up in prayer . . .

For hope and healing:

- Joe Alexis, Shirley Barr, Tiana Beazer, Lynn Becker, Larry Bierbach, Joyce Boe, Aina Bornemann, Genevieve Bucklin, Debbie Carter, Ned and Kathy Daugherty, the Ellis family, Ayla Enzs, Liz Heins, Sandy Heitzman, Jayme Howard, Wilma Hughes, Kris Jurgensmeier, Dolly Lager, Karen Lambert, Erin Martinez, Alan Morast, Chuck Nelson, Mary Suazo, Benjamin Swenson, Joe Tripp, Jean Wagner, Beverly, Morgan

For comfort and courage:

- Darryl Farrington in the death of his mother, Madeline Farrington
- Sharon Ferlic in the death of her son-in-law, Mike Johnson
- Kim Kouba in the death of her grandmother, Juanita Logan
- Bill Mahoney in the death of his nephew, David Winters
- DJ Zerr in the death of her husband, Emmett Zerr

Health Ministry

May is National Physical Fitness and Sports Month

National Health Information Center

Regular physical activity is good for everyone’s health, and people of all ages and body types can be physically active. National Physical Fitness and Sports Month is a great time to spread the word about the benefits of getting active.

Here are just a few benefits of physical activity:

- **Children and adolescents:** Physical activity can improve muscular fitness, bone health and heart health.
- **Adults:** Physical activity can lower the risk of heart disease, type 1 diabetes, and some types of cancer.
- **Older adults:** Physical activity can lower the risk of falls and improve cognitive functioning (like learning and judgment skills).

Communities, health professionals, and families can work together to create opportunities for everyone to get more physically activity. We can use this month to raise awareness about the benefits of physical activity and spread the word about fun ways to get moving.

Physical activity guidelines recommend for adults:

- Aim for 2 hours and 30 minutes of moderate aerobic activity each week.
- Moderate activity includes things like walking fast, dancing, swimming, and yard work.
- Do muscle-strengthening activities like lifting weights or using exercise bands at least two days a week

Here are just a few ideas:

- Encourage families to make small changes like taking a walk after dinner or going for a bike ride.
- Join fitness programs at Augustana:
 - **Augustana Firm Believers**, Monday, Wednesday, and Fridays, 9:45–10:45 a.m., Fellowship Hall;
 - **Yoga**, Tuesdays and Thursdays, 5:30–6:30 p.m., Fellowship Hall
 - **Trailblazers**, organized hikes on Saturdays (see page 12)
- Plan to join Augustana’s “500 years on the Move for Hunger” (see cover).



Financial Statement for March

	March 2017		March 2016	YTD 2017		YTD 2016
	Budget	Actual	Actual	Budget	Actual	Actual
All Income	\$ 226,551.67	\$ 216,469.92	\$ 88,658.33	\$ 381,740.19	\$ 370,945.46	\$ 231,617.08
All Expenditures	86,687.02	96,114.32	88,383.58	263,842.31	262,645.27	251,265.32
Net Income(Loss)	\$ 139,864.65	\$ 120,355.60	\$ 274.75	\$ 117,897.88	\$ 108,300.19	\$ (19,648.24)

In March, \$3,844 for benevolence, \$733 for Sunday school supplies, \$2,418 for youth events, and \$21,297 for property expenses were all provided by our stewardship.



Pastors

Jesus said “I give you a new commandment, that you love one another. Just as I have loved you, you also should love one another.”

John 13:34

This past week I was driving back to Augustana on Parker

Road. It was 3:30 on Monday afternoon, so if you travel frequently on that stretch, you are already getting the picture! There were too many cars, the traffic lights were not synchronized, my lane was moving too slow, and I couldn't see around the truck in front of me. Safe to say that everyone behind their individual steering wheels was irritated.

When we came to an intersection, the truck finally moved to turn left, so I could see that there was a large empty spot in my lane. Speeding up and feeling like I was finally getting somewhere, I pulled up behind a car and was confronted with this bumper sticker: “Love others like you love yourself.” Snap! (or however you would express it), I was brought up short. Loving others while driving that day was not on my mind!

It's so easy to get caught up in our own daily grind, whether that involves a long list of things to accomplish, or just a few activities. We tend to forget about other people and focus mostly on what we want and what we think we need.

The early Christians tried to live out Jesus' teaching in the days and years following the first Easter. They cared for people inside and outside their community, and reached out to help anyone in need. They saw themselves as living differently from the prevailing culture of affluence and power. In fact, one of the early Roman descriptions of these followers of Jesus was “See how they love one another!”

These post-Easter days are a good time to remember that simple teaching of Jesus: “Love one another as I have loved you.” When we see other people not as obstacles,

but as fellow travelers on the journey of life and faith, we share the grace that we've already received from Christ. How will you live differently tomorrow as you live out Jesus' words?

Pastor Ann

Many people find Augustana online

before they ever step in the building for worship. One family told me that they searched key words “nearby churches” to start. That's it. This is similar to how many of us check things out before showing up whether it's a new doctor or new store or new church—pick a few key words and see what pops up. Listening to visitors and watching Augustana's recent video makes me think of the different ways each of us hear the good news, wonders, and talks about it.

Good news is on my mind as the Easter season goes live (pun intended). I've been known to say that there are as many different reasons for being in a pew on any given Sunday as there are people. There are also similarities. Each of us has our story of how we became a part of the Augustana congregation. We also have a reason why we stay. For some, staying a part of the congregation is religious (I mean this in a good way), for some it's faithful, for some it's family, for some it's music . . .

The story about what draws and keeps people in one place for a while is what has my curiosity piqued. Like a lot of pastors, I would say first that it's about the Holy Spirit calling us by the gospel. This likely doesn't shock anyone. But our life experiences also form us into listening, experiencing, and talking about faith in particular ways. Join me for a conversation about good news (a.k.a. evangelism) on Sunday, May 14, 9:15-10:15 a.m., in the Anna Paulson Room. There will be scripture, conversation, and brainstorming. And, you can also bring whatever questions of faith and life are burning for you (answers possible, not promised). See you then.

Peace, Pastor Caitlin





Watch the Video “Why Augustana?”

Here’s the link: www.augustanadenver.org.

Released a few weeks before Easter, people of Augustana talk about their church experiences, about finding a place and a people through whom God’s grace is made known in and beyond the sanctuary.

Thank you to **Ken Rinehart** for the amazing job of recording and post-production of almost 2½ hours of interviews into just a few minutes of video.

Thank you to **Vivian Bengtson, Erin Brown, Nick Massie, Al Spies, Braxton Stuart, Valerie Taron,** and **Jeff Ziebarth** for their time and thoughtfulness as interviewees.



Ammerman Library

New books—and don’t forget to browse our DVDs and CDs!

For gardeners: We have several books donated by Helen Blanz—all for

garden lovers—including xeriscape, perennials, tree planting, special stories, durable plants for Colorado, and problem-solving for vegetable gardens. Just look at catalog numbers 635 on the north side of the library.

For children: We have ordered 18 books from the recent book fair. They will be displayed on the shelf next to the children’s section as well as in the cabinet in Fellowship Hall.

Great courses, DVDs, and CDs: Donated by John Richardson. Twenty sets on studies of Bible, religion, philosophy, history, and music will be shelved behind the library desk.

Come browse and enjoy the many books and resources in your church library!

Congregational Learning Adult Forum

Sundays, 9:15 a.m., Anna Paulson Room

- May 7: **Dick Shutt**, Augustana member and world traveler, will regale us with photos and stories of his recent trip to Iran.
- May 14: **Pastor Caitlin Trussell** will lead a conversation about Evangelism (Good News), Messaging, and Media that includes scripture, brainstorming, and an opportunity for questions on any topic (answers possible, not promised).

Music Ministry

Are you coming to WAM! July 10–16?

Register now!



Who: All children who have completed grades 1–7, Augustana children and friends in the community!

What: Learn how to create scenery, backdrops, and props; explore your dramatic side; sing and discover great music!

When: July 10–16 (Monday through Friday 9 a.m.–2 p.m., Saturday, 9 a.m.–noon, and Sunday morning worship, 10:30 a.m.)

Where: Augustana Lutheran Church

Cost: \$75 per child; \$125 cap for families

Register: Online forms are available at www.augustanadenver.org/wam-worship-art-music-camp-summer/.

Each weekday begins at 9 a.m. and concludes at 2 p.m. and includes breakout sessions in art, dance, drama and music. On Sunday, July 16 at 10:30 a.m. worship, we will present *Oh, Jonah!* by Allen Pote. This frolicking, fun-filled musical is based on the Old Testament story of Jonah and carries an important message about responsibility. Campers are expected to participate each day, culminating in the Sunday worship and presentation



by Allen Pote and Carole McAnn

OH, JONAH!

of the musical, *Oh, Jonah!*
Register today!

We need volunteers!

If you or your teenager would like to sign up as a volunteer, please contact **Cindy Lindeen-Martin** at linden-martin@augustanadenver.org for a volunteer form.

We can't wait to see YOU at WAM!

Cindy, Angela, and Marcia

Augustana celebrates (JASS)

It's hard to believe that the singing and ringing season is winding down for the year. The last day of rehearsals for Cherubs, Choristers, Y Hope, Recorders, and all handbell choirs is Sunday, May 7. Cherubs also sing that morning, and all other choirs will sing and ring the following Sunday, May 14. The Jammin' Augustana

Super Sundays Appreciation Lunch will follow 10:30 a.m. worship on Sunday, May 21. All JASS participants and their families are invited to attend. Kids will sing, ring, and play recorders. Awards will be given, and meal teams will be recognized. RSVP to **Cindy Lindeen-Martin** (linden-martin@augustanadenver.org or 303-388-4678 ext. 117) by Sunday, May 14, and indicate how many from your family will be coming. Hope you all can make this end-of-year celebration!

Cindy Lindeen-Martin plays with Cherry Creek Chorale



The Cherry Creek

Chorale, under the direction of **Brian Leatherman**, is presenting a program entitled “The Greatest Choral Show on Earth,” Friday, May 12 and Saturday, May 13, 7:30 p.m. at Bethany Lutheran Church (4500 E. Hampden Ave., Cherry Hills Village, 80113). Cindy Lindeen-Martin joins them on the organ, sharing her skill in orchestral reduction on such works as Parry’s “I was Glad,” Brahms’ “Let Nothing E’er Grieve Thee,” “The Heaven’s are Telling” from Haydn’s *Creation*, “Triumphal March and Chorus” from Verdi’s *Aida*, and the celebrated “Hallelujah Chorus” from Handel’s *Messiah*. Tickets may be purchased by visiting www.cherrycreekchorale.org.

AUGUSTANA *Arts*

Viva l’Italia!

Colorado Women’s Chorale and Colorado Men’s Chorale

Friday, May 19, 7:30 p.m. at Augustana

Join CWC and CMC for a spring celebration of all things Italian. Experience an evening extravaganza of *musicale spettacolo* celebrating Italian music and composers from long ago to present day. Submerge yourself in splendor as members of Stratus Chamber Orchestra join Colorado Women’s Chorale and Colorado Men’s Chorale in two exciting choral-orchestral masterpieces: The Vivaldi *Gloria* and Pergolesi’s “Magnificat.” Revel in the magnificence of the human imagination with Leonardo da Vinci as he dreams of taking flight in Eric Whitacre’s *Leonardo Dreams of His Flying Machine*. A *fiesta divertimento* and a grand close to the CWC season.

Purchase tickets online at augustanaarts.org, by phone at 303-388-4962, or at the door the night of the event.

Senior Ministry



Denver Water Department to speak at Monthly Luncheon

The last monthly luncheon of the season will be at 11:30 a.m. on Thursday, May 18, in Fellowship Hall. The program will be “**Challenges of the 21st Century Water Resource Management**,” a slide presentation given by Steve Snyder, Public Affairs, Denver Water Department. Steve will discuss the challenges the department faces now and in the future due to population growth and changing climate, along with the solutions—conservation, efficiency and reuse of water. Join us for this informative program about this critical resource we all use and sometimes take for granted.

Invite a neighbor or friend to join you for this interesting program and delicious luncheon (\$8) served by Judy Nyquist and her crew. Visitors are welcome. Your reservation is needed by Monday, May 15, at Augustana’s office (303-388-4678).

Local/Global Mission

How your offerings work to meet people's basic needs



Last month's *Tower* highlighted five of the ten organizations financially supported by Augustana that provide basic human needs. Augustana's Social Ministry Committee manages the distribution of funds to local and state organizations that provide services to citizens of need in our community and to Lutheran-affiliated Mission Partners.

Many of these organizations offer volunteer opportunities as well as cash and in-kind donations. For more information on Augustana's Outreach programs, go to their individual websites or to www.augustanadenver.org/volunteer/outreach. Read on to learn more about the remaining five organizations you support with your regular offerings . . . **and thank you!**

SafeHouse Denver provides a broad spectrum of quality services to women, children and youth who have been impacted by domestic violence; builds awareness that there are options available to victims of domestic violence; and increases community awareness of domestic violence and community accountability for the intervention and prevention of domestic abuse (www.safehouse-denver.org).

Maria Droste Counseling Center is a community-based, nonprofit organization serving low-income, uninsured individuals and families by providing high-quality, affordable mental health services to underserved populations in the community regardless of their ability to pay (www.mariadroste.org).

Urban Peak Denver serves homeless and runaway youth providing them with a safe, caring, stable environment and assisting them in permanently exiting street life. Urban Peak believes in the potential of every youth to contribute to our world and helps to give them the tools to realize their potential (www.urbanpeak.org).

Work Options for Women combats homelessness and poverty by providing women with the confidence and skills they need to become gainfully and permanently employed. WOW's program is the only hands-on culinary, job-training program in Denver that includes intensive individual case management and job placement assistance for low-income students who face incredible barriers to employment (www.workoptions.org).

Family Promise of Greater Denver is a nonprofit organization independently associated with a national organization comprised of more than 192 affiliates in 42 states. While not faith-based, they partner with diverse congregations to provide shelter, meals and hospitality to families experiencing homelessness within the Denver-metro area. Family Promise now has two rotations with 25 host congregations, 47 support congregations, and two civic groups that aid their mission: To help families experiencing homelessness by providing emergency shelter, meals and supportive services on the path to self-sufficiency (www.familypromiseofgreaterdenver.org).



ELCA World Hunger
Evangelical Lutheran Church in America
God's work. Our hands.



Tanzania A new life

When Brian was born prematurely, his doctors told his mother that he would never walk, talk or function normally. Ashamed of his diagnosis, his family, kept him at home. That was until Building a Caring Community (BCC) staff visited Brian's family and invited Brian to enroll in the therapeutic day program.

He flourished at the day program, and at age 3, he began to walk. At 5, he was enrolled in a primary school that serves children with special needs.

Brian is one of more than 200 children with intellectual and physical disabilities served by the BCC program, a partnership between the Northern Diocese of the Evangelical Lutheran Church in Tanzania and Mosaic International, a faith-based organization in Nebraska serving more than 3,000 people with intellectual disabilities.

Today, there are 10 BCC day centers, supported in part by your gifts to ELCA World Hunger, helping families move beyond isolation and stigma and into full participation in their communities. In addition to caring for children at the center, children, like Brian, with complicated medical needs receive regular physicals and visits to doctors and hospitals when necessary. The

BCC also trains parents to care for special needs, sets up projects that increase family incomes, and provides job opportunities for young people with disabilities beyond school age.

For Betsy Buschkemper, a BCC volunteer and a pediatric nurse, working with the BCC has moved her from "feeling pity" for children like Brian to celebrating "the potential and the happiness and joy they feel and know in life that they wouldn't have had a chance for otherwise," she said. "Brian has a shot at a normal life now and is a happy little boy."

Thanks to your gifts to ELCA World Hunger, children in Tanzania are moving from isolation to active participation in the community. Thank you for helping our church do what God has called us to do.

Your gifts to ELCA World Hunger support innovative solutions that fight hunger and poverty in nearly 60 countries around the world, including the United States. To give a gift to ELCA World Hunger, use the special envelopes in Augustana's pew pockets and make checks payable to Augustana, or give online at www.augustanadenver.org.

Your ELCA Good Gifts at work

\$5,471, 479 was raised in 2016 through ELCA Good Gifts.

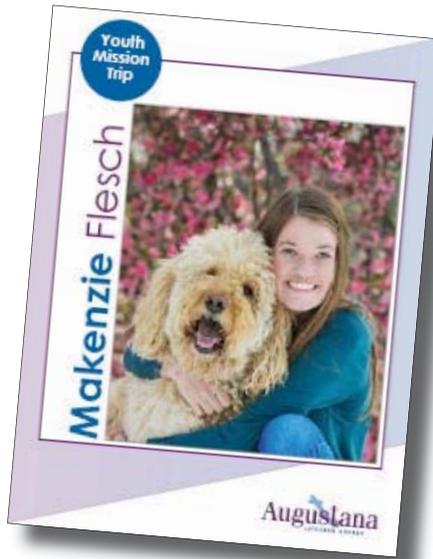
- 200 piglets distributed in Liberia
- 1,350 mosquito nets distributed to families in Namibia
- 85 Young Adults in Global Mission volunteers serving in 13 countries
- 4,960 orphans and vulnerable children fed Malawi
- 250 scholarships for Lutheran seminary students in the United States
- 12 college scholarships awarded to emerging women from the global church
- 372 new ministries currently under development across the ELCA
- 150 children in Zimbabwe reached through the orphans and vulnerable children program

Visit elca.org/elcagoodgifts to learn more.

Children, Youth, and Family Ministry

Buy trading cards to support youth!

Support Augustana's youth as they head to Tennessee this summer to serve in the Appalachians. They will spend June 10–17 with youth from across the country serving in a poor part of our country. During this time, youth may be painting, roofing, drywalling, and doing many other home improvement projects.



To be part of this trip we invite you during the month of May to purchase a trading card or two! Each card has a picture of a youth or adult attending the trip. Please keep this card in a handy place so you may also pray for them. A suggested donation per card is \$5.

The youth and adults will share about their experience during fellowship time on Sunday, August 20.



Thank you to all who gave their time, talent, and treasure through the school year to make faith formation at Augustana successful. We rejoice in your living out our baptismal promise to support and pray for our sisters and brothers in Christ!

Especially:

- Holly Massie
- John Harwell
- Brian Bernhard
- Brian Willoughby
- Renee Bernhard
- Carol Garrington
- Tim Garrington
- Marcia Olson
- Megan Churchill
- Morgan Levy
- Carol Troike
- Kari Kusek
- Kari Blanchard
- Shelly Ezpeleta
- Braden Ezpeleta
- Karen Morgenthaler
- Anne Stratton
- Sarah Earhart
- Oz Spies

Help build picnic tables!

The Children, Youth, and Family Ministry Committee is hosting a service opportunity. We will be building picnic tables for Quist Park, Saturday, May 6 beginning at 9 a.m. All youth and families are encouraged to attend. If you have a gift for carpentry, we can use you! Please come and share your gifts to help our youth learn some new skills. Contact **Shanna** if you are able to help (shanna@augustanadenver.org or 303-388-4678 ext. 107).



S'more Fun and Worship Wednesdays

During June and July, Augustana's Children, Youth and Family Ministry Committee will host S'more Fun and Worship in Quist Park. Every Wednesday beginning at 5:30 p.m. there will

be food, games for all ages, and, of course, a campfire! Enjoy a casual campfire-style worship beginning at 6:30 p.m. Great for folks who are away on summer weekends, want to sleep in on Sunday mornings, or just enjoy worshipping outdoors. Contact **Shanna VanderWel** (303-388-4678 ext. 107 or shanna@augustanadenver.org).



Come to Vacation Bible School/ Day Camp and break all the rules!

Join us this summer, Monday, July 17–Friday, July 21, 9–11:30 a.m., for a fun and exciting Vacation Bible School program led by Rainbow Trail staff and Augustana members and friends. Campers will explore the theme **“Breaking all the Rules: Following Jesus’ Lead!”** through Bible study, songs, games, and arts & crafts.

VBS is open to all K–5th-grade students. Youth in grades 6–12 are invited to volunteer as shepherds, craft leaders, and snack helpers.

Registration is \$35/child or \$60/household. Visit www.augustanadenver.org to download registration and health forms. For additional information, contact **Shanna VanderWel** (303-388-4678 ext. 107 or shanna@augustanadenver.org).

Middle School Mystery Trip

Did you know the middle schoolers are going on a summer trip to . . .? Well, never mind where—it is a mystery! All current 6th–8th grade youth are invited to attend our middle school mystery trip July 23–26. We will spend time exploring and sharing stories in new and familiar places. The deadline to register is June 1. The cost to attend is \$300 which will cover all expenses. All parents will receive a detailed itinerary. Another adult is needed to join us. Let Shanna know if you are interested (shanna@augustanadenver.org or 303-388-4678 ext. 107).

Tennessee Trip Meeting

All youth and adults who are attending the service trip to Tennessee meet Sunday, May 7, noon–1 p.m. in the Youth Room.

Have you heard of the ELCA National Youth Gathering?

Lutheran youth from all across the country gather every three years for worship, service, and fellowship. The next gathering is summer 2018. If you are a current 7th–11th grader, you will be eligible to attend. We will be gathering on Sunday, May 21 at 9:15 a.m. in the Youth Room to hear about this opportunity. Come learn more information about why you will want to be in attendance with 30,000 other Lutherans in Houston, Texas, June 24–July 1, 2018!

Fellowship

May Book Group

The May book discussion will focus on *In the Garden of Beasts: Love, Terror, and an American Family in Hitler's Berlin* by Erik Larsen.

William E. Dodd, America's first ambassador to Hitler's Nazi Germany, enjoys the good life upon his arrival in Nazi Germany, until he witnesses attacks on Jews, frightening laws and censorship. This is the story of Dodd's discovery of Hitler's dangerous character and his plans for the world.

Join us Monday, May 15 at 11:30 a.m. in the Anna Paulson Room.

Trailblazers

Walker Ranch Hike

Saturday, May 20, leave Augustana's south parking lot at 9 a.m.

This hike west of Boulder will take us from the Ethel Harrold Trailhead down a new trail to a small waterfall, then down to the falls of South Boulder Creek where we will stop for lunch.

Rating: Moderate

Distance: 4 miles round trip

Elevation: 6,800 to 6,400 feet

Guide: **Laurie Scott** (303-358-5864 or laurajscott@msn.com)

Lutheran Family Services

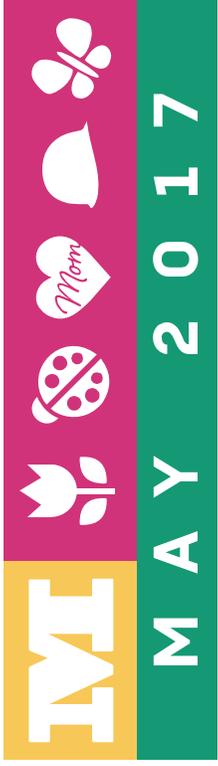
Foster Care

Every day there are children in need of a safe environment in Colorado, and we need more people to commit to these children! Informational meetings for foster care in the Denver Metro area will be Wednesday, May 10, 12:30–1:30 p.m. and 5:30–6:30 p.m. at the LFS office (363 S. Harlan Street, Suite 105, Denver, 80226). We hope to see you! Please contact **Anne Hamilton** for more information (303-217-5869).

Un Unexpected Path

Join us for the LFS 34th Annual Benefit Gala featuring Matt Iseman at the Westin DIA on Saturday, May 20. Matt Iseman is from Colorado and is host of NBC's "American Ninja Warrior" and winner of the 2017 "The New Celebrity Apprentice." After dropping out of medical school to pursue stand-up comedy, Matt's witty humor led him down an unexpected path through life. The Spring Gala features a night of dinner, entertainment, an auction, and companionship. Please register at www.LFSRM.org/events.

LFS' Older Adult & Caregiver Services offers free monthly telephone conferences to answer your questions about aging, called "Ask Your Care Manager." The next one is "Benefits for Veterans" on Wednesday, May 10, noon–1 p.m. Elderly Veterans may be eligible for a wide-variety of benefits available to all U.S. military veterans. Learn how to access benefits for which you may be eligible. Registration is required. To register, sign up at www.lfsm.org or contact our staff (303-217-5864 or 970-232-1180).



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
7 Easter 4 Health Ministry Sunday Worship/Communion Learning/Fellowship New Members Class Worship/Communion Youth Group Prayer Shawl Ministry See J/ASS below	1 9:45am 10am Augustana Firm Believers Chapel Prayer	2 9am 5pm 5:30pm Library Committee Worship Committee Yoga	3 9:45am 6pm 7:30pm Augustana Firm Believers Augustana Ringers Chancel Choir	4 9:30am 9:30am 5:30pm Thursday Morning Bible Study Phoebe Circle Restorative Yoga	5 9:45am Augustana Firm Believers	6 8am Augustana Firm Believers Service Project: Picnic Table Construction	
7 Easter 4 Health Ministry Sunday Worship/Communion Learning/Fellowship New Members Class Worship/Communion Youth Group Prayer Shawl Ministry See J/ASS below	8 9:45am 10am 1pm Augustana Firm Believers Chapel Prayer Mary Circle	9 9:30am 5:30pm 5:30pm 6pm Deborah Circle Executive Committee Yoga Children, Youth, and Family Ministry Committee	10 9:45am 5:30pm 6pm 7:30pm Augustana Firm Believers Frolic Faith Class Augustana Ringers Chancel Choir	11 9:30am 9:30am 5:30pm 7pm <i>The Tower</i> deadline Sarah Circle Thursday Morning Bible Study Restorative Yoga Property Committee	12 8am 9:45am Augustana Early Learning Center Mother's Day Tea Augustana Firm Believers	13	
14 Easter 5 Mother's Day Worship/Communion Learning/Fellowship Worship/Communion Youth Group	15 9:45am 10am 11:15am Augustana Firm Believers Chapel Prayer Book Group	16 4pm 5:30pm 6:30pm 7pm "God's work. Our hands." Planning Yoga Theater & Theology: <i>The Secret Garden</i> Congregation Council	17 7:30am 9:45am 6pm 7:30pm Lutheran Men of Denver Augustana Firm Believers Augustana Ringers Chancel Choir	18 9:30am 11:30am 5:30pm Thursday Morning Bible Study Monthly Luncheon Restorative Yoga	19 9:45am 7:30pm Augustana Firm Believers Augustana Arts: "Viva Italia" Colorado Women's/Men's Chorales	20 8:45am 9am "God's work. Our hands" Serve at ANSAR Pantry Trailblazers: Walker Ranch Hike	
21 Easter 6 Worship/Communion Sunday School Teachers Appreciation Tender Loving Care New Members Class Worship/Communion Youth Group Jammin' Augustana Super Sundays Appreciation	22 8:30am 9:45am 10am Foot Care Clinic Augustana Firm Believers Chapel Prayer	23 12:30pm 1pm 5:30pm 7pm Senior Ministry Committee <i>The Tower</i> Assembly Yoga Rachel Circle	24 9:45am 7pm 7:30pm Augustana Firm Believers Augustana Foundation Chancel Choir Banquet	25 Ascension of our Lord 9:30am 5:30pm 7pm Thursday Morning Bible Study Yoga Wine, Women and Word	26 9:45am Augustana Firm Believers	27	
28 Easter 7 Worship/Communion Fellowship/Coffee Worship/Communion Youth Group	29 Memorial Day - office closed -	30 5:30pm Yoga	31 9:45am Augustana Firm Believers				11:30am Lunch 12:15pm Cherubs, Choristers, GraceNotes 1pm Recorders, Y Hope, SONshine Ringers 1:45pm BELLievers

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